

# Are you an Adolescent with **Type 1 Diabetes** Interested in Support?

Aman



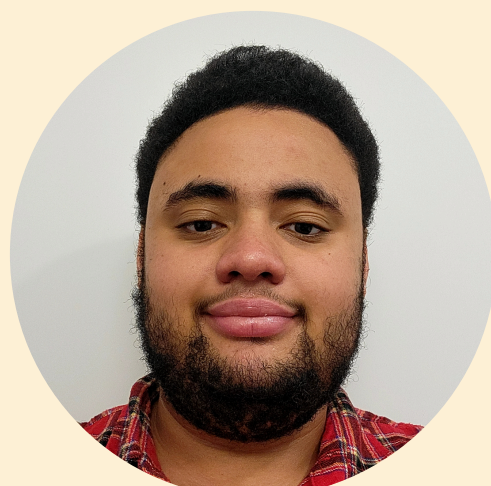
Cranbrook, BC  
Age: 27  
Age of diagnosis: 6

Natasha



Vernon, BC  
Age: 24  
Age of diagnosis: 9

Simon



Victoria, BC  
Age: 24  
Age of diagnosis: 2

Jenna



Kamloops, BC  
Age: 19  
Age of diagnosis: 2

Sina



Vancouver, BC  
Age: 27  
Age of diagnosis: 3

Emily



Fort St. John, BC  
Age: 22  
Age of diagnosis: 19

Agam



Surrey, BC  
Age: 24  
Age of diagnosis: 10

Wyatt



Vancouver, BC  
Age: 30  
Age of diagnosis: 23

Nicholas



Surrey, BC  
Age: 28  
Age of diagnosis: 3

Sign up for a research study that offers one-on-one and group mental health support from our peer mentors, young adults with type 1 diabetes, using a mobile app.

## To participate you must be:

- Diagnosed with type 1 diabetes
- Aged 15-18 years
- Able to access a smartphone and internet
- A resident of British Columbia

**PARTICIPANTS WILL RECEIVE AN E-GIFT CARD!**

**Study Duration: September 2025 - March 2026**



**SCAN ME!**

For more information:



tricia.tang@vch.ca



604-800-8677

Dr. Tricia Tang (principal investigator)