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**LOI Submitted to Health  
Research BC:** 11/08/2022 02:04 PM

**Hashtags:**

**Date Submitted to Host  
Institution:** 11/08/2022 03:23 PM

**Testing UBC Code:**

**Prefix:** Dr.

**First Name:** Ruby

**Middle Name:**

**Last Name:** Tester

## Personal Pronouns

## Organization Affiliations

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Organization	Department	Job Position
Health Research BC-DO NOT USE	Biochemistry	Clinical Assistant Professor
University of British Columbia	Biochemistry	Bioinformatician (beginning Sep 2020)

## Health Professional

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**Do you have formal training or credentials as a health professional?**

Yes

**Name of health profession**

Registered Nurse

**Are you a health professional (HP) licensed to practice in BC and engaged in active clinical service?**

Yes

**If you are a health professional (HP), please provide information on: a) the nature of the clinical service that you provide; and b) the percentage of time spent in clinical services during a regular 40-hour week.**

500 characters

**As a health professional, you have the option to apply as an HP applicant or a PhD applicant. Please indicate which option applies to you.**

PhD applicant

## Host Institution

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### Host Institution

HEALTH RESEARCH BC-DO NOT USE

### Department

Department of Nursing

### Position

Assistant Professor

## COVID-19 Impact Statement

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### Rate the impact of the COVID-19 pandemic on your research productivity

No impact

### To what extent has your research proposal shifted or changed due to the COVID-19 pandemic?

No change

### Rate the impact of the COVID-19 pandemic on your research environment and support

No impact

### Please explain the most significant impact(s) the COVID-19 pandemic has had on your research, training, and/or clinical activities, if applicable.

Please include a description of the duration of the circumstances and, if applicable, a percentage change in time devoted to regular research, training, and/or clinical activities. Examples that can be used to describe the impact include: types of research contributions that have been affected (e.g., data collection, publications, conference presentations, outreach, etc.), impacts on contributions to the training of highly qualified personnel (HQP) (e.g., impacts on internships, difficulties with recruitment, delays in graduation, etc.) and impacts on partnered research (loss of funds, loss of personnel, reduced access to sites, etc.)

Note: This is not an exhaustive list. There may be other items you wish to include.

### Please briefly describe any personal circumstances that have affected your research, training, and/or clinical activities due to the COVID-19 pandemic, if applicable.

or personal circumstances, stating the nature of the circumstances (e.g., medical, bereavement, family responsibilities, special, etc.) is sufficient. No further detail regarding these types of circumstances is expected. Please also include a description of the duration of the circumstances and, if applicable, a percentage of reduction in time devoted to regular research and/or training activities.

### Please briefly describe how you anticipate the COVID-19 pandemic may impact your future work.

Your response may include but is not limited to: impact on research, publications, and presentations; professional development; coursework and teaching; recruitment and trainees; clinical work. The purpose of this question is to provide reviewers with context for your circumstances for the duration of your award.

## Applicant Expertise and Experience

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### Career Timeline

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**Date of Degree Completion**

09/21/2017

**Have you experienced any career interruptions?**

No

### Requested Award Duration

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**Requested Award Duration (months)**

36

**Justification for the Requested Award Duration**

1000 characters

### Prior Career Interruptions

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**Prior Career Interruptions**

If you had any career interruptions prior to the completion of your PhD or health professional degree, please provide the dates and describe the nature of the interruptions here. Examples of eligible career interruptions are parental leave, medical leave, residency training, etc.

These career interruptions will not be included in the award eligibility calculation, but will be used during the Peer Review process to evaluate your application.

**Career Trajectory**

2500 characters

### References

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Name	Email	Invitation Status	Activity Status
Spring Flower-Tester	springflower0817@gmail.com	Accepted	Submitted
August Tester	augusttester16@gmail.com	Accepted	Scheduled
Asta Tester	astatester2021@gmail.com	Accepted	Submitted

## Most Significant Contribution(s)

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### Most Significant Contributions

1

#### Most Significant Contribution 1

2500 characters

### Most Significant Contributions Upload

## Uploads

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### Canadian Common CV

[CCV\\_Upload\\_Guide.pdf](#)

76.2 KB - 11/07/2022 1:29PM

Total Files: 1

### Publications, Patents and Intellectual Property Rights

[Publications.pdf](#)

60.7 KB - 11/08/2022 3:21PM

Total Files: 1

## Research Project

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### Project Information



## Project Title

Please enter the title of your Research Project

## Lay Summary

Please provide a brief plain-language summary of your research project including the problem the project will address, an overview of the research itself, and the anticipated outcomes and potential impact on understanding, care provision, and the BC health system.

The summary must be written in a way that a non-specialist and non-scientific audience can understand. It is an integral part of your funding application, and if successful will be posted to the Health Research BC website and used to share information about the valuable research supported by public funds.

For guidance on writing plain language summaries, you may find these resources helpful:  
Health Research BC KT Encounters blog post from health literacy researcher Iva Cheung  
BC SUPPORT Unit plain language guide  
MS Society of Canada guide for writing lay summaries

## Scientific Summary

The summary should provide an abstract that is understandable by a multi-disciplinary group of scientific reviewers. Summarize the objectives and their relevance to the work proposed in the research project providing the reviewers with the central key question being studied and related research activities. The Scientific Summary may be used to identify appropriate peer reviewers for your application.

## Theme and Keywords

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### Theme

Biomedical Research

### Keywords

Emphysema, Clinical Trial

### Does your proposed research have a central focus on Indigenous Health?

No

## Re-Applicants

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### Response to Previous Reviews

If you were unsuccessful in applying to the Health Research BC Research Trainee Competition in the past and are submitting an application on the same proposed work, please provide a response to your previous reviews. Please quote the feedback which you are responding to. Your response should address issues identified in the previous review and provide solutions/corrective actions even if the current project contains changes from the previous submission.

If this is your first time applying to Health Research BC's Research Trainee Competition, please enter "Not applicable."

## Pathway to Impact (Knowledge Translation) Activities

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## Pathway to Impact (Knowledge Translation) Activities

Health Research BC requires all applicants to include activities in their research project to improve the use of health research evidence in practice, policy, and further research. These important enabling activities are the “pathway to impact” for health research. Health Research BC uses the term “knowledge translation (KT)” to describe this broad range of activities. KT activities should be chosen based on appropriateness for the type of research, expected findings, and target audience. Applicants are encouraged to engage research users throughout the research process. For more information, please refer to Section 10 of the Research Trainee Program Guidelines.

Describe any planned or current knowledge translation activities that will move your research findings along the pathway to impact. Please include any research users involved.

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## EDI Considerations

### EDI Considerations

Health Research BC requires all applicants to include activities in their research project to improve the use of health research evidence in practice, policy, and further research. These important enabling activities are the “pathway to impact” for health research. Health Research BC uses the term “knowledge translation (KT)” to describe this broad range of activities. KT activities should be chosen based on appropriateness for the type of research, expected findings, and target audience. Applicants are encouraged to engage research users throughout the research process. For more information, please refer to Section 10 of the Research Trainee Program Guidelines.

Describe any planned or current knowledge translation activities that will move your research findings along the pathway to impact. Please include any research users involved.

## Research Project

[Research\\_Project.pdf](#)

105.5 KB - 11/08/2022 3:22PM

Total Files: 1

## Appendices

[Appendices.pdf](#)

49.3 KB - 11/07/2022 1:30PM

Total Files: 1

## Letter(s) of Collaboration (if applicable)

[Letters\\_of\\_Collaboration.pdf](#)

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Total Files: 1

## Environment and Support

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### Research Location

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#### Research Location

Health Research BC-DO NOT USE

### Career Development

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#### Career Development

- Provide an overview of your expected training during the proposed research project and how it will contribute to your development as a health researcher.
- Describe how this award will enable you to develop your independency as a researcher.
- Provide information on any other planned formal or informal activities that will further support you in establishing a career in health research.

### Training Environment

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#### Training Environment

Justify your choice of research environment and supervisor(s). Why are you choosing this particular supervisor? How will this research environment benefit your project and research career?

If you intend to continue with the same Supervisor or remain in the same training environment (e.g. laboratory) as your doctoral training, please explain your decision.

#### Commitments beyond proposed research project

Other than direct work on the proposed research project, describe all other academic and non-academic activities you will be involved in (e.g., teaching, courses, supervision, seminars, clinical activities, etc.). Indicate the percentage of time spent on each activity using the time frame (per week/month/year) that best describes the involvement. If available, please include detailed information about your supervisory experience (e.g., name of supervised individual, and the nature of the supervision).





## Supervisor and Co-Supervisor

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### Supervisor

Name	Email	Invitation Status	Activity Status
July Tester	julytester16@gmail.com	Accepted	Submitted

### Co-supervisor

Name	Email	Invitation Status	Activity Status
February Tester	februarytester@gmail.com	Accepted	Scheduled
June Tester	junetester16@gmail.com	Accepted	Submitted

## Canadian Common CV

- The applicant must complete the Common CV – Health Research BC CCV– Research Trainee <https://ccv-cvc.ca>.  
The current Health Research BC ApplyNet system is not linked with the Common CV system. To complete your requirement, please **Submit your CV**, provide your consent, confirm your submission, then go to the history tab and save a .pdf copy of the Common CV – Health Research BC CCV - Scholar & HP-I
- In your Health Research BC ApplyNet account, go to the Applicant Expertise and Experience section of your Full Application Form and upload the .pdf copy of the Common CV – Health Research BC CCV – Research Trainee

## **Proof of Degree Completion**

Please upload a copy of your PhD diploma or if you are a health professional in active service, proof of being engaged in active clinical service.

If you have not yet obtained your PhD, you don't need to upload a proof of degree at this time. If your 2023 Research Trainee award application is successful, you will be asked to submit proof of degree completion by August 31, 2023.

## **Publications, Patents and Intellectual Property Rights**

Upload a .pdf version of your Publications, Patents and Intellectual Property Rights list for your entire career. Please click [here](#) for formatting instructions.

## Research Project

Limit: 5 pages.

Before proceeding, please read the [Research Trainee Uploads Instructions Document](#).

### Page Format

- Use font size 11 point, Calibri (or equivalent other), single spaced, on a letter-sized (21.25 x 27.5cm) / 8.5 x 11 inch) page with 1 inch margins.
- Any citation style may be used, however we recommend using a numbered citation style to facilitate readability and save space. Do not include a citations/references list in the research project pdf; references should be listed in the Appendices document instead.
- You may upload an Appendices document with citations/references and other supporting information for your Research Project. See Research Trainee Uploads Instructions Document.

Applications that DO NOT FOLLOW the page format may not be eligible for review, or may be penalized by reviewers.

Please include the following information in your Research Project pdf:

### Background//literature review

- What information is needed for other researchers to understand the context for the research questions, research design, and methods?

### Research question(s) and/or knowledge gaps

- What research question(s) are being asked, and how do they address important knowledge gaps?

### Research design and methods and rationale for the research design and methods

- Describe the research design and methods. Why was this research design/methodology chosen to address the research question(s)?

### Expected outcomes

- What are the expected outcomes?

### Pathway to impact (KT) activities

- What KT activities are planned to move new knowledge along **your proposed pathway** to impact?  
Note: KT activities must be embedded within the research project.

### Project timeline

- How will you successfully complete the proposed research within the award timeline? Please include any key milestones.

### Risk management plan

- What are the challenges that you may encounter during your research, and how do you plan to mitigate them?

## Appendices

**Limit: 4 pages.**

Upload a .pdf document containing your appendices, which may include references/citations, tables, charts, figures and photographs. The appendices should include references/citations and data that supports your Research Project. The information in the appendices should be clearly labeled so peer reviewers can easily understand how it supports the Research Project. Data that you wish to highlight for peer reviewers (i.e. essential data that supports your Research Project) should be included in your Research Project document.

## Letter(s) of Collaboration (if applicable)

Letters of collaboration should describe:

- The role and time commitment of the collaborator(s)
- The relevance and significance of the support being provided
- The pertinent expertise of the collaborator

Guidance on how to write a letter of collaboration can be found [here](#).

Note: If a collaborator has provided a reference letter, they may not submit a letter of collaboration.